



Imaging the emergence and natural progression of spontaneous autoimmune diabetes

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Type 1 diabetes in the nonobese diabetic mouse stems from an infiltration of the pancreatic islets by a mixed population of immunocytes, which results in the impairment and eventual destruction of insulin-producing β -cells. Little is known about the dynamics of lymphocyte movement in the pancreas during disease progression. Using advanced intravital imaging approaches and newly created reporter mice (*Ftk3-BFP2*, *Mertk-GFP-DTR*, *Cd4-tdTomato*, *Cd8a-tdTomato*), we show that the autoimmune process initiates first with a T cell infiltration into the islets, where they have restricted mobility but reside and are activated in apposition to CX3CR1⁺ macrophages. The main expansion then occurs in the connective tissue outside the islet, which remains more or less intact. CD4⁺ and CD8⁺ T cells, Tregs, and dendritic cells (DCs) are highly mobile, going along microvascular tracks, while static macrophages (MF) form a more rigid structure, often encasing the islet cell mass. Transient cell-cell interactions are formed between T cells and both MFs and DCs, but also surprisingly between MFs and DCs themselves, possibly denoting antigen transfer. In later stages, extensive islet destruction coincides with preferential antigen presentation to, and activation of, CD8⁺ T cells. Throughout the process, Tregs patrol the active compartments, consistent with the notion that they control the activation of many cell types.

diabetes | autoimmunity | immunoregulation

Type 1 diabetes (T1D) is an organ-specific autoimmune disease, schematically comprised of two phases: (i) an occult phase of pancreatic inflammation that reduces the number and function of insulin-producing β -cells, eventually provoking sufficient damage to result in (ii) the overt phase of diabetes, when insulin production is insufficient for proper glucose homeostasis. The genetics of T1D in mice and humans are very similar (1), with an overwhelming dominance of class II genes of the MHC that points to a primary dysfunction in tolerance and immunoregulation of CD4⁺ T cells. The inflammatory infiltrate, however, involves a wide array of cell types, lymphoid as well as myeloid (2).

Much of what is known pertaining to the molecular and cellular events that precede T1D development have been uncovered using the nonobese diabetic (NOD) mouse, a highly informative model that shares many genetic and cellular features with the human disease. In NOD mice, sparse autoreactive T cells infiltrate islets beginning around 3–5 wk of age. Insulinitis becomes well-established by 10–12 wk, incorporating a variety of cell types, several of which actively contribute to the progression to diabetes [e.g., NK cells, B cells, macrophages (MFs), and dendritic cells (DCs)] (3–6), or protect against it (Tregs, MFs again) (7–10). These cells can occasionally organize into tertiary lymphoid structures (11). Importantly, insulinitis variably affects different islets, heavily infiltrated islets coexisting with fully intact and functional ones, as in humans (12–16). Overt diabetes eventually ensues in these mice between 12 and 30 wk of age.

A significant hurdle hampering the study of T1D is the non-synchronous progression of insulinitis and diabetes development. In addition to noninvasive but low-resolution imaging (7), static evaluations of islet infiltration and cellular composition have

been provided by immunohistochemistry or flow cytometry, but neither can appreciate the dynamics of the lesions and the interactions between cells. Thus, how rogue T cells invade islets, how exactly complex and long-lived insulinitic lesions are established, and what cellular interactions drive β -cell destruction remain largely enigmatic. Intravital time-lapse microscopy (IVM), by providing high-resolution and dynamic information, represents an attractive approach to tackle some of these questions. In the context of diabetes, it has been applied in a limited fashion because of the technical and logistical difficulties of visualizing the autoimmune response directly within the pancreas. Other than studies of isolated or transplanted islets (17–21), two studies have reported real-time imaging of islet infiltration in the intact pancreas (22, 23). Both involved the transfer of antigen-specific CD4⁺ or CD8⁺ T cells, that were acutely activated (either in vitro before transfer, or after transfer by virus-induced stimulation in vivo). One study showed that, as insulinitis progressed, the motility of islet-specific T cells increased, with fewer stable interactions with antigen-presenting cells (APC) (23). The other showed, in an acute-onset model, that activated and islet-specific CD8⁺ T cells could migrate freely in and out of islets, and could interact with and directly kill β -cells (22). Whereas these studies illuminated the dynamic nature of pancreatic infiltrates, such acute transfer models do not really recapitulate the natural course of spontaneous T1D over the weeks or months of progression.

Thus, we set out to use IVM to capture the natural emergence of the polyclonal autoimmune attack in the pancreas of NOD mice, without acute cell transfers or ectopic antigen expression. To capture the variety of cell types at play, we developed a versatile panel of reporter mice on the NOD genetic background, which could be intercrossed to track multiple types of immunocytes. In parallel, we developed IVM approaches that avoided physiologic disturbance (constant temperature, intact perfusion) and that allowed us to image the pancreas over hours

Significance

Dynamics and interactions of immunocytes infiltrating the pancreas during the natural progression of autoimmune diabetes are largely unknown. The construction of diabetes-prone nonobese diabetic mice with a panel of fluorescent reporters that illumine infiltrating cells of the innate and adaptive immune systems, combined with intravital imaging of the pancreas, provide novel perspectives on the autoimmune process and on the ballet between aggressive and regulatory cells.

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at a time at cellular resolution, and to extract multiplex volumetric data in a systematic and quantitative fashion. Using these tools, we evaluated the cellular dynamics of the autoimmune lesion at various stages of diabetes progression, spanning from the installation of the early insulinitis through advanced destruction. The results suggest that, after being initiated by CD4⁺ T cells first activated inside the islets, the lesions progress mainly in their periphery as a complex multicellular ensemble in which T cells interact with both DCs and MFs, culminating in most advanced forms in which CD8⁺ T cells seem to be predominantly active.

Results

An IVM Platform to Track Spontaneous Autoimmunity in the Pancreas. We reasoned that, to image the spontaneous development of autoimmune diabetes dynamically and at cellular resolution, two new experi-

mental approaches would have to be combined. First, we implemented and optimized a minimally invasive surgical procedure for exteriorization and stabilization of the pancreas during intravital imaging (Fig. 1A; detailed in *Materials and Methods*). Briefly, the pancreas of an anesthetized mouse was surgically exteriorized, carefully preserving all vascularization and connective tissue anchors. The live tissue was placed in a heated saline bath of Ringer's solution to maintain temperature, under the 20× objective of a confocal/multiphoton microscope set for time-lapse imaging. With this set-up, we were able to image the pancreas with full cell viability, mobility, and interactions for periods of several hours.

Second, we incorporated fluorescent tracers into the system without the potential disruptions linked to short-term cell transfers; in addition, we needed the ability to simultaneously image cells of several lineages to observe their interactions. To this end, we used CRISPR-based genome editing to knock in DNA segments

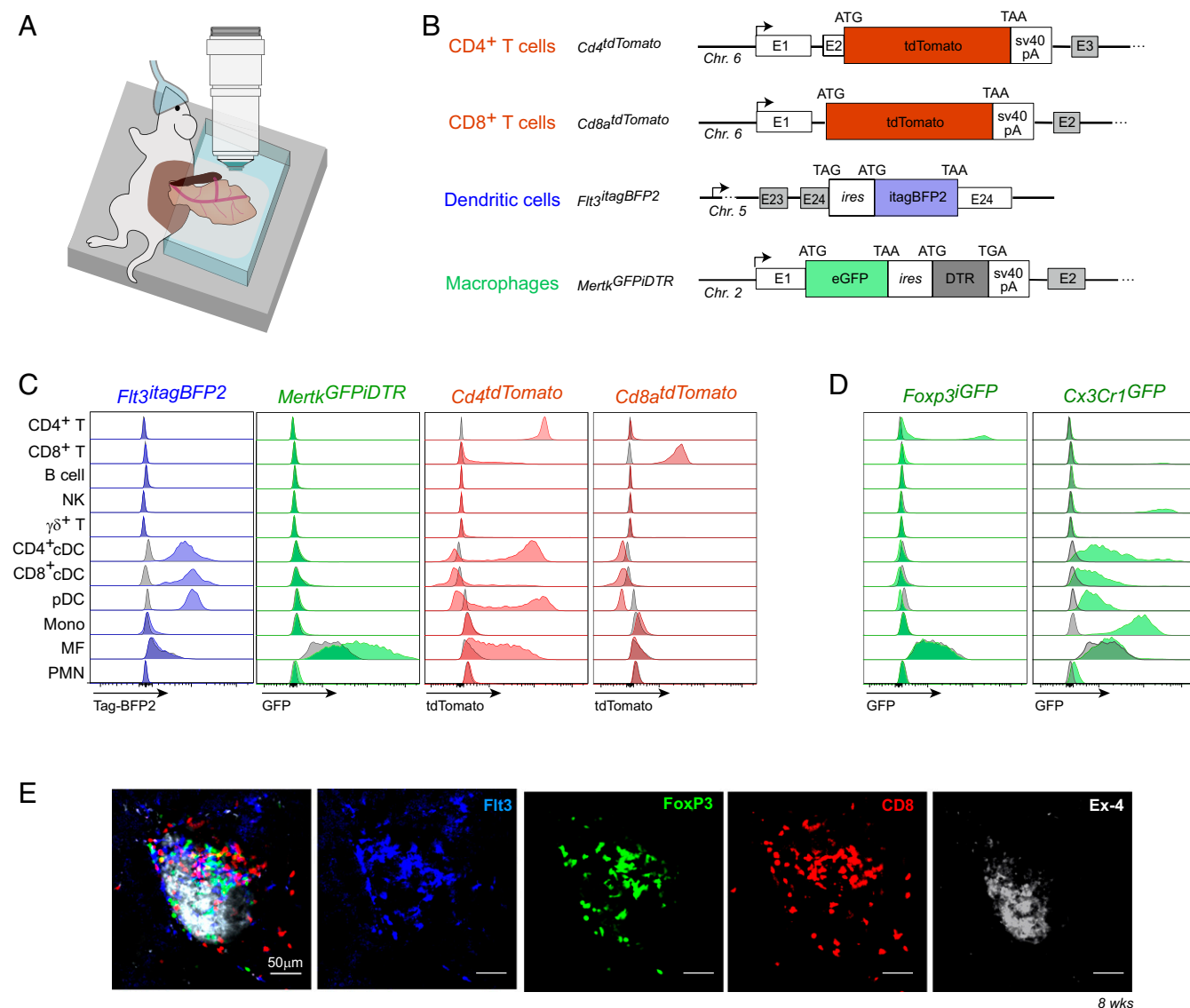


Fig. 1. Intravital imaging of immune cell dynamics within the pancreatic infiltrate during disease progression. (A) Overview of the intravital imaging set-up for exteriorized pancreas. (B) Schematic of reporter insertions into the *CD4*, *CD8a*, *Flt3*, and *Mertk* loci in NOD mice generated by CRISPR/Cas9 germline engineering. (C) Histograms depicting fluorescent protein expression among various splenocyte populations from 6-wk-old *Flt3-BFP2* (blue), *Mertk-GFP* (green), *Cd4-tdTomato* (red), and *Cd8a-tdTomato* (red) compared with negative controls (gray). Gating strategies for individual populations detailed in *SI Materials and Methods*. (D) Reporter expression in *Foxp3-GFP* (green) and *CX3CR1-GFP* (green) splenocyte populations compared with negative controls (gray). (E) Representative IVM image of an infiltrated islet in an 8-wk-old female CD8-Foxp3-Fit3 trireporter mouse injected with Ex-4 SeTau 647.

encoding several fluorescent reporters [tagBFP2 (hereafter BFP2), GFP, and tdTomato] into loci with specific expression in DCs, MFs, and CD4⁺ and CD8⁺ T cells (*Flt3*, *Mertk*, *Cd4*, and *CD8a*, respectively). For *Mertk*, an ires-DTR cassette was also included (Fig. 1B). These constructs were created by coinjection of Cas9 mRNA and single-guide RNAs (sgRNA) to cleave the genome at the desired position, and of engineered DNA fragments to drive resealing of the cuts by homologous recombination (24) (full description in *SI Materials and Methods*). These injections were performed directly into NOD embryos to avoid lengthy backcrosses. As illustrated in Fig. 1C and Fig. S14, the resulting lines showed the expected patterns of expression at high levels in the desired cell-types and mid-to-low expression in other cells: *Flt3-BFP2* was expressed exclusively in DCs, *Cd4-tdTomato* in some DCs and MFs, and also low expression within a minor population of CD8⁺ T cells, likely corresponding to recent thymic emigrants. *Mertk-GFP* expression was restricted to MFs, in which it showed some heterogeneity, as expected from the range of *Mertk* mRNA levels in different MFs (ImmGen database). This heterogeneity was particularly true of islet-resident MFs, which were more readily visualized using the *CX3CR1-GFP* reporter (25) than with the *Mertk-GFP* reporter. We also complemented these new reporter lines with a well-characterized *Foxp3-GFP* Treg reporter (26). Both the *Foxp3-GFP* and *Cx3cr1-GFP* lines were backcrossed onto the NOD genome for >10 generations. Importantly, the reporter constructs did not significantly affect the incidence of diabetes in the knockin lines, (Fig. S1B) ($P = NS$) nor the numbers and proportions of infiltrating cells. These lines were then intercrossed, allowing simultaneous tracking of up to four cell types, in some cases combining the same fluorochrome to detect nonoverlapping cell types. For example, intercrossing *Cd4-tdTomato*, *Foxp3-GFP*, *Mertk-GFP*, and *Flt3-BFP2* mice, resulted in red CD4⁺ T cells, red and green (yellow) Tregs, green MFs, and blue DCs. To detect β -cells, we complemented the transgenic reporters by injecting, shortly before imaging, our previously described fluorescent exendin-4-like neopeptide conjugate that binds to the β -cell surface with high specificity (27). Preliminary imaging experiments showed that the diverse cell types could be detected in the infiltrated pancreas (Fig. 1E).

This system was then applied to image natural progression of diabetes. The observations described below encompass data from 143 animals imaged, most in the 3–5 or 8–12 wk of age timeframes, at the initiation of autoimmune infiltration or in conditions of well-established insulinitis, respectively. Given the well-known asynchrony in the progression of insulinitis in the islets of individual animal (referred to as “pancreatic vitiligo” by George Eisenbarth), NOD females around 12 wk of age presented with a range of lesions, using classic definition to parse “peri-insulinitis” or “established insulinitis” (islet-retaining spherical morphology and most infiltrating immunocytes confined to the outside) vs. “destructive insulinitis” (contorted morphology of remaining β -cells with penetrating mass of infiltrate). We will discuss separately results from the periods of initial (around 5 wk) and established insulinitis periods.

The Early Lesion. We first analyzed cell infiltrates at the initiation of pancreatic autoimmunity (3–5 wk of age). At this time, rare T cells could be observed deep within the islet and in the surrounding connective tissue (Fig. 2A). Islet-embedded cells included conventional CD4⁺ and to a lesser extent CD8⁺ T cells and Tregs. The proportion of islets harboring such lymphocytes increased with age, especially that of T cells present on the outside (Fig. 2B); indeed, the more the total number of islet-associated T cells increased, the more they were found outside the islets (Fig. 2C). The rare islet-infiltrating cells were not, at least at the 3-wk time point, a unique property of NOD mice, as they were also observed at very early times in diabetes-resistant F1 offspring of an intercross with C57BL/6 mice (Fig. 2D). However, the F1s did not show the numeric increase observed at

5 wk in NOD mice, nor the expanding localization outside the islets (Fig. 2E).

We then analyzed the behavior of T cells in these two locations, which proved very different. Those in the surrounding tissue migrated freely in the connective tissue along the outside perimeter of the islet (in some movies, in the z -plane above the islet) (Fig. 2F and G and *Movies S1* and *S2*). In contrast, those that localized within the islet exhibited highly restricted mobility in terms of mean velocity and overall displacement. This dichotomy applied to all T cell types, whether conventional CD4⁺ or CD8⁺ T cells, or Tregs. This comparatively low mobility of intraislet lymphocytes could be explained by different tissue architectures, tight junctions within the islets inhibiting movement, or by stable interactions with APCs. Indeed, long-lived interactions were observed with CX3CR1-GFP⁺ MFs inside the islets (Fig. 3A and B and *Movies S3* and *S4*), and essentially all islet-infiltrating CD4⁺ and CD8⁺ T cells were engaged in such stable contacts (Fig. 3B), suggesting that presentation of islet-derived antigens is occurring given that these MFs constitutively sample β -cell granules for presentation to T cells (28, 29). In keeping with this notion, T cells from isolated islets showed clear up-regulation of CD69 and CD25, indicating recent activation through T cell receptor (TCR) engagement (Fig. 3C). Many intraislet CD4⁺ T cells produced IFN- γ (Fig. 3D), supporting the notion that these are proinflammatory and potentially pathogenic cells.

The faster-moving T cells surrounding the islets had fewer contacts with APCs, although they did engage in transient associations. Contacts with MFs tended to be more prolonged than those with DCs (Fig. 3E). T cells in the islet-surrounding areas also associated closely with the microvasculature (visualized by injection of an intravascular tracer in Fig. 3F), and their mobility paths closely followed the vascular pattern (Fig. 3F, *Right*, Fig. S2, and *Movie S5*). These observations suggest that these extraislet T cells interact with, and track along, endothelial cells of MFs in the microvascular beds, much as they follow the network of fibroblastic reticular cells in lymph nodes (LN) (30). It is unknown whether these migration patterns are dependent on chemokine cues, as for LN T cells, or simply that the microvascular area is the most permissive space for T cells to migrate through.

Communication between the two compartments (inside/outside) of the early autoimmune lesion was then addressed. Over the course of observing many islets during this project, we observed occasional instances of T cells traversing the basement membrane (five instances, involving one or two T cells, in ≈ 25 islets examined for this particular aspect), illustrated in Fig. 3G and *Movie S6*. In most cases, the cells were moving from the outside in (Fig. 3G). Thus, while the two pools of cells exhibited different behaviors and did not exchange freely, they were not completely insulated.

The Advanced Lesion. We next analyzed the established lesions of 10- to 12-wk-old NOD females, most of which are destined to progress to diabetes. Images of established, florid insulinitis were observed, with the usual large assemblage of hematopoietic cells congregating in the immediate vicinity of an islet (Fig. 4A and *Movies S7* and *S8*), which they can completely overrun in the more extensive forms of destructive insulinitis. Both DCs and MFs were found in these established insulinitic lesions, often mixed in the same areas, but also with some more segregated areas that were predominantly populated by DCs or MFs (Fig. 4A, *Left*). The latter created, in the cases of more extensive infiltration, an impressive encapsulation of the islet perimeter, where MFs occupied more than half of the islet area in some images (Fig. 4B, *Lower*, and Fig. S3).

The two myeloid subsets showed markedly different mobility. The majority of DCs migrated very actively (Fig. 4C and *Movie S8*), albeit not quite as fast as T cells ($1.9 \pm 0.05 \mu\text{m}/\text{min}$ vs. $6.1 \pm 0.42 \mu\text{m}/\text{min}$ for CD4⁺ T cells). They followed clearly directional tracks over the 30- to 45-min period of observation (Fig. 4C,

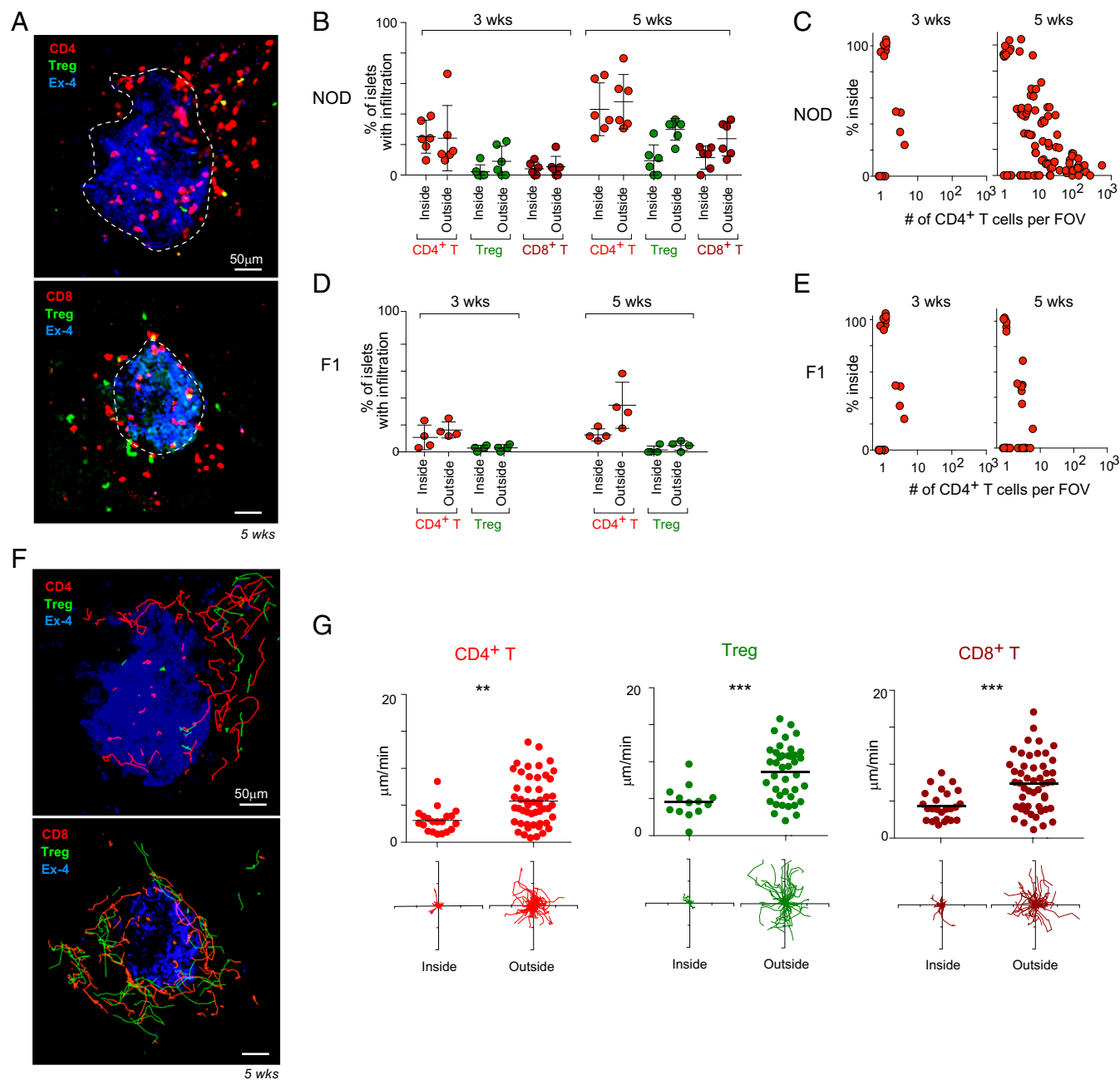


Fig. 2. Monitoring early T cell infiltration into the pancreas. (A) Representative IVM images of infiltrating T cells in 5-wk-old female *Cd4-tdTomato/Foxp3-GFP* and *Cd8a-tdTomato/Foxp3-GFP* reporter mice showing the localization of infiltrating T cells both inside and outside of the islet (delineated by dotted lines). (B) Quantitation of islet infiltration from ex vivo imaging of pancreata from 3- and 5-wk-old female *Cd4-tdTomato/Foxp3-GFP* and *Cd8a-tdTomato/Foxp3-GFP* mice. Each dot represents an individual mouse. (C) Frequency of $CD4^+$ T cells that localize within islets vs. the total number of T cells present within the corresponding lesion of infiltrated islets in 3- and 5-wk-old female *Cd4-tdTomato* reporter mice. Each dot represents an individual islet, data pooled from four to six mice. (D) Quantitation of islet infiltration from ex vivo imaging of pancreata from 3- and 5-wk-old F1 ($B6 \times NOD$) *Cd4-tdTomato/Foxp3-GFP* females. Each dot represents an individual mouse. (E) Frequency of $CD4^+$ T cells that localize within islets vs. the total number of T cells present within the corresponding lesion of infiltrated islets in 3- and 5-wk-old female F1 ($B6 \times NOD$) *Cd4-tdTomato* reporter mice. Each dot represents an individual islet, data pooled from four to six mice. (F) Representative images depicting the migratory tracks for $CD4^+$ T cells (Upper, red lines) $CD8^+$ T cells (Lower, red lines) and Tregs (green lines) over the course of imaging. Data correspond with cells depicted in A. (G) Quantitation of cellular velocities and displacement profiles for T cells segregated based on location inside or outside of the islet. Flower plots represent migration over 10 min. (Scale bar, 100 μm). Data pooled from three to five mice (5-wk-old) per cell type. Error bars, SD. $**P < 0.005$; $***P < 0.0005$.

Right). A proportion of DCs were immobile, as were essentially all MFs (Fig. 4C), and only on the rarest occasions was a MF observed migrating. However, MFs were far from inactive, as they continuously extended and retracted dendrites (Movie S9), presumably sampling their immediate environment. We also

routinely observed DCs scanning and interacting with MFs in the infiltrate (Fig. 4D and Movie S10). These stable interactions most frequently lasted 10–30 min (Fig. 4E).

In these established lesions, T cells continued to migrate freely and rapidly, as they had in the surrounding areas of the early

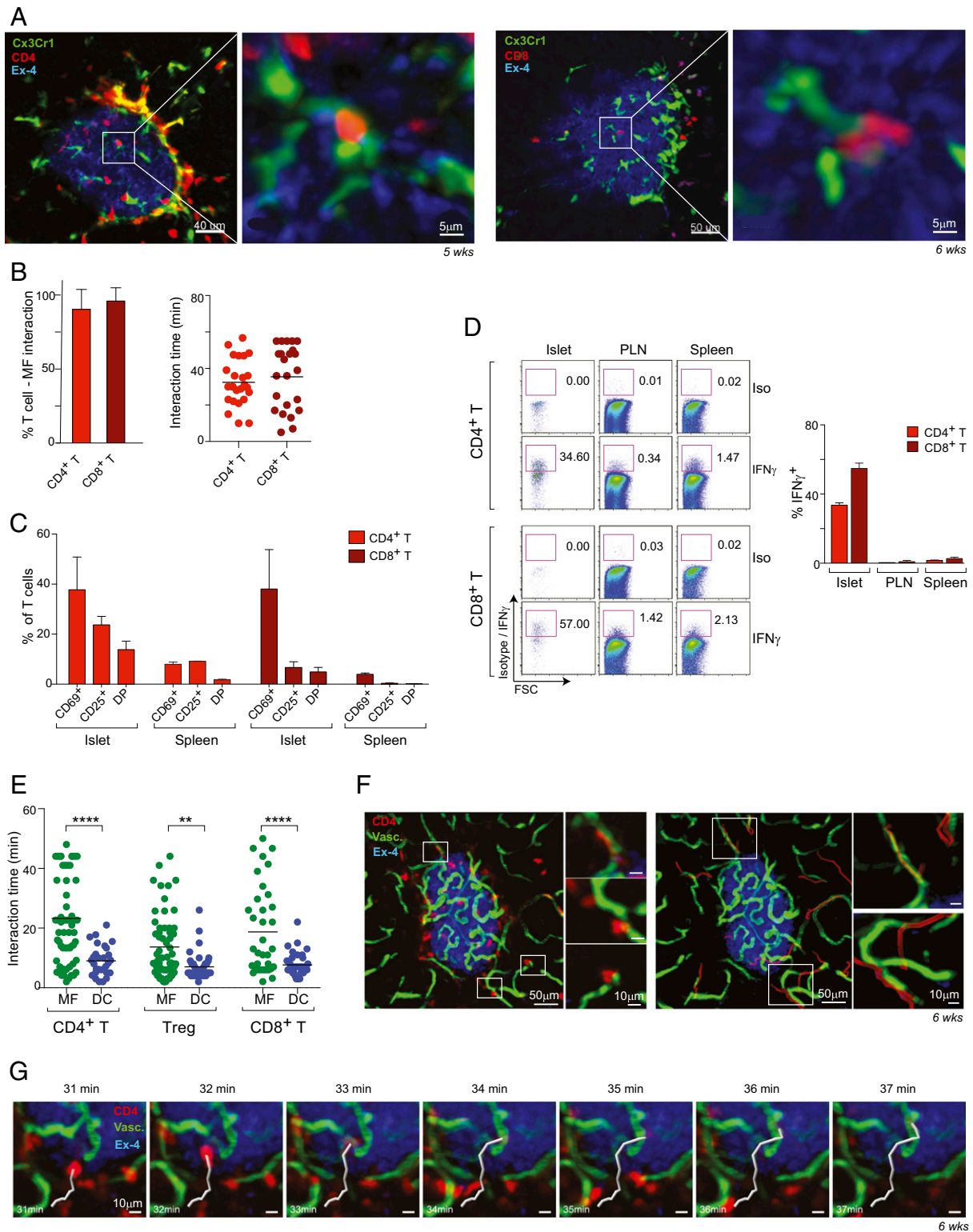


Fig. 3. Early T cell migration, interaction with APCs, and activation. (A) Representative time-lapse images depicting prolonged contact between T cells with islet resident MFs; white box indicates enlargements. (B) Quantitation of the overall proportion (Left) and duration (Right) of interactions between intraislet CD4⁺ or CD8⁺ T cells and islet resident MFs. (C) CD69 and CD25 expression on T cells from isolated islets and spleens of 5-wk-old NOD females; DP indicates frequency of cells expressing both CD69 and CD25. (D) IFN- γ expression in T cells restimulated ex vivo from isolated islets, pancreatic lymph nodes (PLN), or spleen. (E) Quantitation of early T cell interactions with MF and DC outside of the islet. (F) Representative IVM images depicting T cells associated with the vasculature (Left) and randomly selected examples of T cell migration tracks (Right). Boxes indicate regions shown at Right. (G) Representative time-lapse image series of a CD4⁺ T cell migrating into an islet from the surrounding area. Error bars, SD. ** $P < 0.005$; **** $P < 0.0005$.

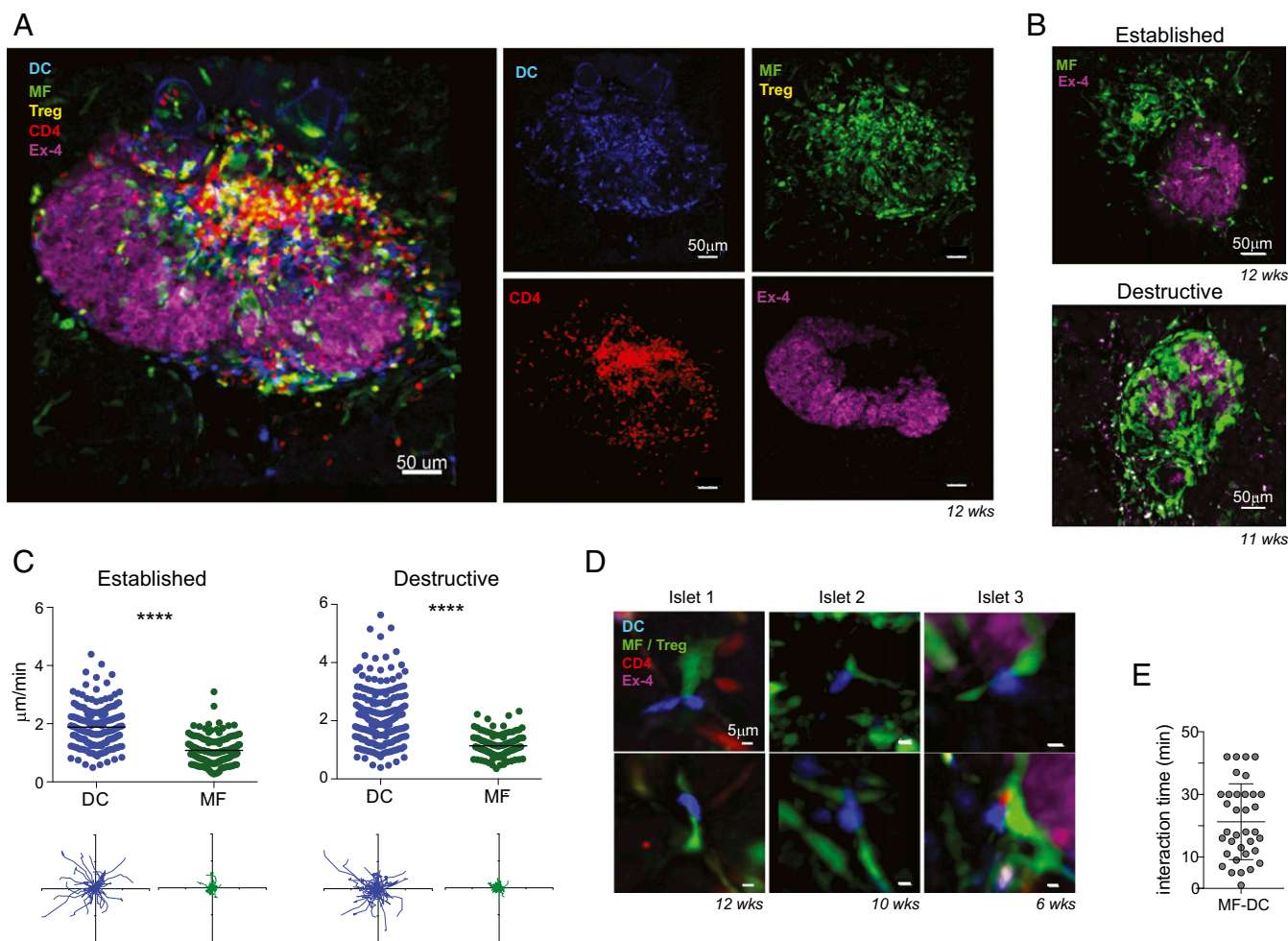


Fig. 4. MF and dendritic cell dynamics in advanced insulinitic lesions. (A) Representative IVM image of multicellular florid insulitis in a 12-wk-old female *Cd4-tdTomato/Foxp3-GFP/Mertk-GFP/Flt3-BFP2* reporter mouse (Left); (Right) individual channels are shown. (B) Representative images illustrating the distribution of MFs in established insulinitic lesions (Upper) and destructive lesions (Lower). (C) Quantitation of DC and MF migration velocities and displacement during established and destructive insulinitic lesions. Flower plots represent migration over 10 min. (Scale bar, 50 μm .) (D) Images of inflamed islets from three independent mice depicting prolonged interactions between DC and MF. (E) Duration of MF/DC interactions. Data pooled from five mice. Error bars, SD. **** $P < 0.0005$.

lesions (mean velocities $5.4 \pm 0.23 \mu\text{m}/\text{min}$ to $8.0 \pm 0.24 \mu\text{m}/\text{min}$) (Fig. 5A and Movies S11 and S12), even in the most advanced forms of destructive insulitis (Fig. 5A). T cells contacted both DCs and MFs, transiently for the most part (Fig. 5B), without the longer contacts with MFs that were noted in the earliest stages. In destructive lesions, CD8^+ T cells were less mobile (Fig. 5A, Right), with longer-lasting contacts with DCs (Fig. 5B, Right), and markedly higher arrest coefficients than CD4^+ T cells and Tregs (Fig. 5C). Accordingly, CD8^+ T cells showed higher expression of CD69, CD25, CXCR3, and $\text{IFN-}\gamma$ than their CD4^+ counterparts (Fig. 5D), supporting the interpretation that these cells are strongly activated during this late phase of the disease process. We also noted, in these advanced lesions, that arrested Tregs were often in close association with CD8^+ T cells, much more frequently than with CD4^+ T cells (Fig. 5E and F and Movie S13). These events of “coarrest” between Tregs and CD8^+ T cells, which were not observed in early and less-intense lesions, lasted 20 min on average. Together with the activated status of CD8^+ T cells, these events suggest that the terminal phases of islet destruction involve CD8^+ T cells more centrally than the earlier phases, and that Tregs may be responding to this differential activation status.

Discussion

A few studies have reported imaging analyses of pancreas autoimmunity in vivo at the cellular level (22, 23). The present work differs in several important respects that advance our understanding of the unfolding of T1D and help provide a context for previous observations. First, we imaged normal immunocytes, with a polyclonal repertoire that were naturally activated in vivo, over the course of a normal progression to T1D, instead of highly activated and monoclonal transgenic T cells in an acute transfer model (22, 23), which may have misrepresented the anatomical and cellular barriers that prevent T cells from rapidly overrunning pancreatic islets. Second, the unprecedented combination of knockin reporters, together with vascular tracers and β -cell-labeling nanoparticles, allowed us to visualize a ballet of many cell types in unison, following their movements and their interactions. While this system allows an unprecedented number of cells to be analyzed in concert, we acknowledge that some important players in the pathogenesis of diabetes, like B or NK cells, were not tracked. These characteristics combined to bring about unexpected dynamic pictures of DCs surveilling the lesions, T cells interacting stably with both MFs and DCs, and Tregs coarrested with CD8^+ T cells.

So, what do we learn about T1D pathogenesis from these data? In essence, these results provide a frame of reference into

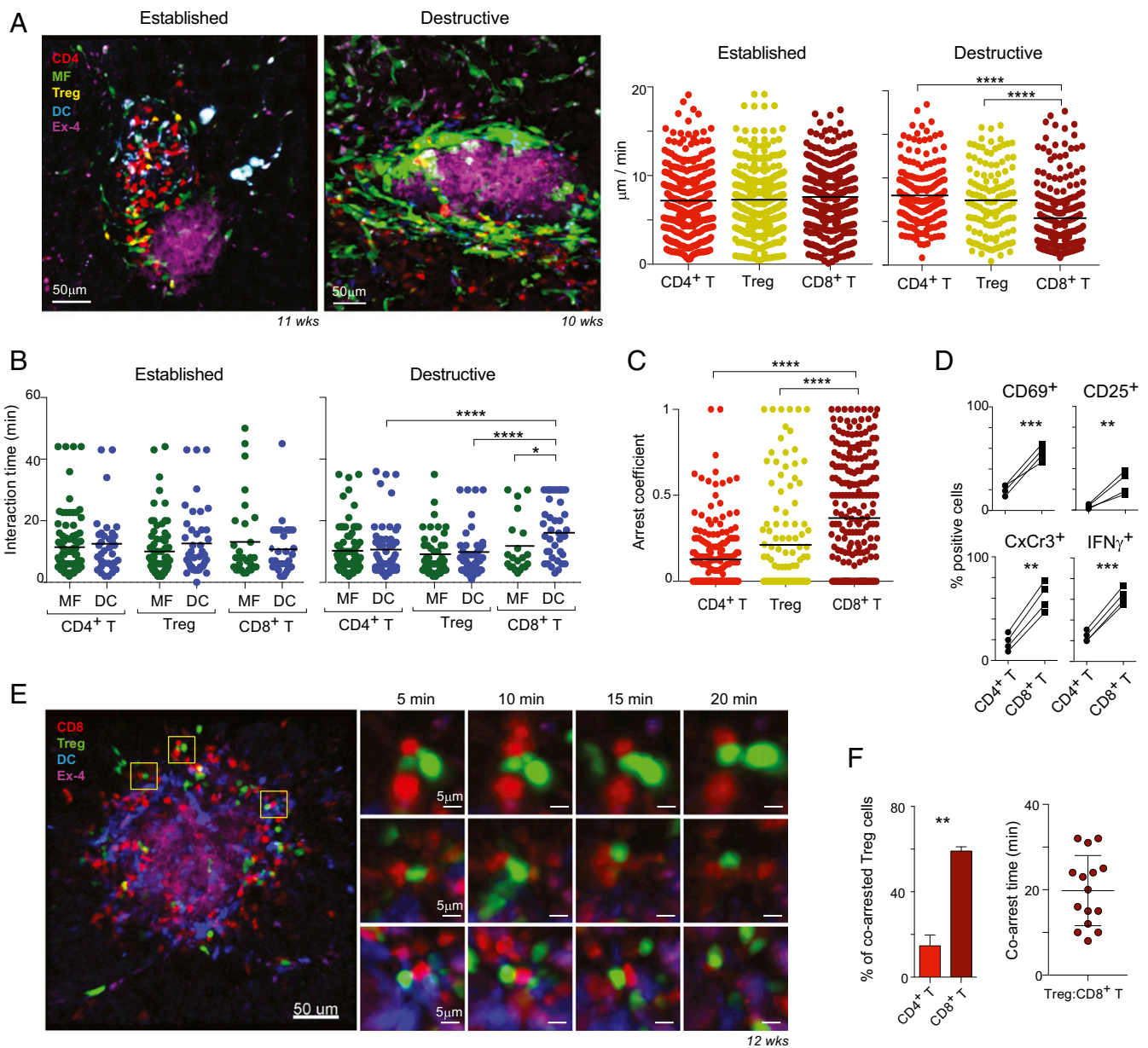


Fig. 5. T cell dynamics in advanced insulinitic lesions. (A) Representative IVM images of established and destructive insulinitis (Left) of bone-marrow-reconstituted female mice (20% *Cd4-tdTomato/Foxp3-GFP/Flt3-BFP2* and 80% *Mertk-GFP* input). Quantitation of T cell velocities within established and destructive insulinitic lesions (Right). (B) Duration of T cell interactions with MF and DC within established and advanced lesions. (C) Arrest coefficients for different T cells within destructive insulinitic lesions. (D) Percentage, among CD4⁺ or CD8⁺ T cells from the pancreas of 12-wk-old NOD females, of cells expressing CD69, CD25, Cxcr3, and IFN- γ , as determined by flow cytometry. (E) Representative IVM image depicting Treg and CD8⁺ T cell co-arrest during destructive insulinitis. Boxes indicate regions shown on Right over time. (F) Frequency and duration of Treg co-arrest with CD4⁺ or CD8⁺ T cells. Data pooled from three to six female mice. Error bars, SD. **P* < 0.05; ***P* < 0.005; ****P* < 0.0005; *****P* < 0.0005.

which the development and behavior of aggressive cell-types, and negative immunoregulatory cells, can be situated. We acknowledge that one cannot formally infer function from IVM observations. The cell dynamics and interactions suggest possible scenarios and cellular cross-talk, but it is not possible to infer specific functions (beyond those generally known for these populations). Similarly, although the literature and the CD69⁺ status of the T cells being tracked suggest that most of them do recognize pancreatic antigens, we cannot infer any specificity from these images. Thus, some of the models we propose below are admittedly speculative.

At the onset of autoimmune progression, the data point to a previously unrecognized dichotomy between infiltrating cells that reside inside or outside the islet. These cells show very different

behavior and dynamics: low mobility and very long interactions with MFs for those inside; high mobility and fewer interactions for those outside. The temporal course of T cell accumulation at early times (3–5 wk of age), with a drop in the proportion of cells inside the islet, suggests that the very first steps of autoimmune recognition may take place inside the islets, but that subsequent events unfold outside. The early T cells inside the islets may result from normal patrolling of the tissues, as they are also observed on the diabetes-resistant B6 \times NOD genetic background, albeit less frequently and involving very few T cells. We cannot assert with certainty how these T cells enter the islets (extravasation across islet capillaries or migration from surrounding connective tissue), but the several examples of T cells entering

the islets (Fig. 3G) suggest the latter. However, as our data do not capture the precise moment of initial attack, it cannot be determined how the very first lymphocytes actually invade the islet. Their numbers remain quite low (usually around 1–10 CD4⁺ T cells per islet), indicating that there are strong barriers to intraislet accumulation of T cells in established insulinitic lesions. This observation contrasts with several previous reports that showed massive entry of antigen-specific T cells into islets, but these studies involved donor T cells acutely activated in vitro, likely able to overcome normal barriers (22, 31). In NOD mice, these early infiltrating cells appear relevant to the process, in view of their frequent immobilization on APCs and highly activated phenotype. This conclusion is in keeping with demonstrations that colonization of islets requires a relevant TCR specificity (32, 33).

From there, the autoimmune lesions progress as a complex multicellular ensemble at the periphery of the remaining islet mass. Although some areas of preferential cellular localization were found (in particular, regions enriched in MFs or DCs), we did not observe, across the hundreds of islets imaged, clear cellular organization corresponding to tertiary lymphoid structures (11), and the multicellular infiltrates remained for the most part heterogeneous and geographically amorphous. Our previous analyses tracing NOD insulinitis using the Kaede system would suggest that this cellular agglomeration is also open to the outside, receiving continuous input of fresh myeloid and lymphoid cells (34). Importantly, analysis of cell–cell interactions suggested the continued presentation of autoantigens by APCs in established insulinitis of mice of all ages. Short-term (10- to 20-min duration) arrest of T cells were frequent, which involved both MFs and DCs as APCs. Very long-lasting T/APC interactions, such as those typically seen in LNs in the first 20 h of a synchronous activation of naïve T cells (35), were rare. However, since there was no sharp experimental starting point in the spontaneously infiltrated islets, most of the T cells present in the pancreatic infiltrate at any one time had already been activated in the preceding days or weeks.

We were surprised by the dynamic nature of DCs, most of which exhibited a high velocity and range, scouring the entire infiltrate area. This mobility contrasts with the described behavior of LN DCs which, with the exception of recently arrived migratory DCs, are essentially stationary (35). High mobility has an obvious functional grounding for T cells, which must patrol the organ space in search of their cognate antigens. This high mobility is not immediately obvious for DCs, which are devoid of such self/nonself recognition specificity. One might speculate that these highly mobile cells are sampling the space of the autoimmune lesion, likely following chemokine cues, before ferrying β -cell antigens to draining LNs. It is noteworthy that these DCs did not just swarm in or around the β -cell mass itself, but rather through the entire insulinitis, indicating that structures or molecules from many cell types were being surveyed by the DCs, and perhaps captured for presentation. In a sense, the autoimmune lesion becomes self-referential.

In contrast to DCs, MFs were almost completely static, whether at the border of the islet or in the insulinitic mass. Quite intriguing was the observation that mobile DCs arrested and formed stable contacts with these MFs. To our knowledge, such interactions have not been previously reported in IVM studies of any organ, likely because the combination of DC and MF reporters has not been used previously. We speculate that these DC/MF interactions may denote the transfer of antigens (as loaded MHC molecules) between MFs and DCs (“cross-dressing”) (36). Antigen transfer has been reported for the gut, where luminal antigens captured by MFs are rapidly transferred to neighboring DCs (37). Such transmission would ensure the export to draining LNs of antigens preferentially captured and processed by immobile MFs.

In the most terminal lesions, the pictures of multicellular heterogeneity persisted, with several indications that the CD8⁺ T cell compartment may be playing a more important role: longer arrest, more frequent activated phenotypes than for CD4⁺ T cells, many images of “coarrest” together with Treg cells. This shift in dominance from CD4⁺ to CD8⁺ T cells would be consistent with the genetic control of T1D, whose principal determinant lies in MHC-II molecules, but with a secondary impact of genetic variants in MHC-I molecules that would affect CD8⁺ T cells (38). Notably, both genetic and antibody-mediated ablation of CD8⁺ T cells strongly protects from the development of diabetes (39–41).

In this overall framework, how might immunoregulation come into play? It is noteworthy that, even though presumably islet-specific T cells are congregating in and around the islets from a few weeks of age, their rate of amplification is somewhat modest compared with the expansion of >10⁵-fold that can occur within a few days of viral infection. Treg cells are present at all stages and in all compartments, patrolling at high speed the same compartments as conventional CD4⁺ T cells, consistent with the idea that Tregs constantly dampen the local autoimmune attack. Suppressive roles of MFs have also been reported (7), which may be accounted for by their position as gate-keepers to islet entry in the initial phases, or by the capsule that MFs appear to form around the remaining β -cell mass in cases of established insulinitis.

Inflammation in islets of human patients has been hard to evaluate, given the challenging access to material. Most histological explorations have been done on pancreata from patients with overt, established T1D, weeks or months after onset, where accurate histological evaluation is complicated by ketoacidosis and variable handling of cadaveric samples (12). Only three truly prediabetic patients have been analyzed (42), making it difficult to relate the present observations during the preonset phases in the NOD mouse to human prediabetes. However, we note that images were observed in these prediabetic pancreata reminiscent of the advanced lesions of the NOD mouse, with heterogeneous cell populations involving both lymphoid and myeloid cells (42). In established T1D patients, a dominance of CD8⁺ over CD4⁺ T cells has been reported (13–15), which may correspond to the higher level of engagement by APCs and activation of CD8⁺ T cells, relative to their CD4⁺ counterparts, that we observed in the advanced NOD lesions. A recent study of infiltrating T cells in fresh pancreas specimens from patients at T1D onset showed a T cell infiltrate in all patients, which was predominantly at the periphery of the islets rather than inside (16), as in NOD mice. Overall, there is thus reason to think that the cellular dynamics and interactions observed here may have relevance to human T1D, or at least to some subtypes thereof. In conclusion, the “dynamic geography” of diabetes pathogenesis uncovered here provides a framework in which to analyze the cellular and molecular interactions during the unfolding of diabetes, as well as clues to immunoregulatory events that control it.

Materials and Methods

Mice and Treatments. NOD and NOD.*Foxp3-Ires-GFP* mice were bred under specific pathogen-free conditions in the Harvard Medical School animal facility. B6.129P-Cx3cr1^{tm1Litt} (JAX 5582) were back-crossed for 10 generations with NOD/LtJDoi. NOD.CD4^{tdTomato}, NOD.CD8a^{tdTomato}, NOD.*Mertk*^{GFPIDTR}, and NOD.*FIt3*^{itagBFP2} were generated using CRISPR/Cas9 genome editing in isolated embryos from NOD mice. In certain instances, to reduce the number of label cells for imaging, we constructed mixed bone chimeras with differing proportions of reporter cells. Irradiated (10 Gy) 4- to 6-wk-old NOD females were reconstituted with a 8:2 mix of mixed bone marrow cells from *Mertk*^{GFPIDTR} mice and either CD4^{tdTomato}/*Foxp3*^{IGFP}/*FIt3*^{itagBFP2} or CD8^{tdTomato}/*FIt3*^{itagBFP2} mice. All animal experiments were conducted in accordance to protocols approved by Harvard Medical School's and Massachusetts General Hospital's Institutional Animal Care and Use Committee.

Construction of Reporter Lines. Briefly, gene-targeting constructs containing fluorescent cassettes/ires/diphtheria toxin receptor and polyA terminator sequences were flanked by 5' and 3' homology arms consisting of 500 bp to 1 kb of homology on both ends. Linear template (2.0 ng/ μ L) DNA was coinjected with Cas9 mRNA (5 ng/ μ L; TriLink Biotechnologies) and a single sgRNA (2.5 ng/ μ L) into the pronucleus of isolated NOD embryos and reimplanted into surrogate Swiss-Webster recipients. Resulting offspring were screened for correct integration of targeting construct and for any modification of the native DNA sequence at the six most-likely off-target loci predicted by Bowtie software and online prediction tools (crispr.mit.edu).

Flow Cytometry. For cytometric analysis, cells were filtered through a 70- μ m filter and washed before staining. Cells were stained in the presence of FC block for 30 min at 4 °C. To assess cytokine production, islets were isolated and dispersed as previously described (28), and were restimulated with PMA (10 ng/mL) and ionomycin (1 ng/mL) in the presence of a Golgi-plug for 3.5 h at 37 °C. Following surface staining, cells were fixed with 4% PFA, permeabilized with BD Perm/Wash, and stained intracellularly for cytokine detection. For analysis, stained cells were run on a LSR II flow cytometer (BD) and analyzed using FlowJo Software (TreeStar).

In Vivo Imaging Probes. Fluorescent Exendin-4 probes have been previously described (27). Briefly, a terminal cysteine residue was added to the carboxyl terminus of the 39-amino acid Exendin-4 synthetic peptide. The peptide was conjugated with SeTau 647-Maleimide (SETA BioMedicals) for 2 h, purified over Illustra NAP-5 Columns (GE Healthcare), and concentrated with 3-kDa centrifugal filters (EMD Millipore). Mice were injected with 100 pmol Ex4-SeTau 647 30 min before surgical procedures. To visualize the pancreatic vasculature network, 500 K MW dextran (ThermoFisher) was conjugated to Pacific blue dye and injected into the tail vein during imaging.

Intravital Imaging. Before surgery, mice were initially anesthetized with ketamine (60 mg/kg; Bimeda)/xylazine (12 mg/kg; Putney) mixture and maintained with inhaled isoflurane (1–2% in 100% oxygen). To minimize pain, mice were administered with buprenorphine (0.1 mg/kg) 30 min before surgery. After shaving the left flank, a small longitudinal incision of the outer skin layer was made near the spleen. The outer skin layer was carefully separated from the peritoneal wall and surgically glued along the outer edges of the custom-designed imaging chamber. Subsequent cauterization of the peritoneal wall allowed access to the abdominal organs, including the pancreas. To avoid bleeding and the potential induction of experimental artifacts, internal organs were handled with soft cotton swabs and as minimally as possible. After minor dissection of connective tissue between the

spleen and stomach, the spleen was carefully teased out of the abdominal cavity and onto the platform within the imaging chamber and secured in place with surgical glue (VetBond, 3M). The tail region of the pancreas was then exposed and gently covered with a glass coverslip to minimize tissue movement during imaging. The imaging chamber was filled with 37 °C Ringer's solution, completely submerging the spleen and pancreas, and connected to an autocontrolled, regulated heating element to maintain stable temperature control of the tissue throughout imaging. This approach effectively stabilized the pancreas, maintained physiologic vascular supply, and effectively allowed for the access to approximately one-half of the total pancreatic tissue for imaging.

Intravital time-lapse imaging was performed using a custom-modified Olympus FV1000 MPE laser-scanning microscope in both confocal and multiphoton modes. For confocal image acquisition, 405-, 473-, 559-, and 635-nm diode lasers were scanned sequentially with a DM405/473/559/635-nm dichroic beam splitter; emitted light was collected using combinations of beam splitters (SDM473, SDM560, and/or SDM 640) and emission filters BA430-455, BA490-540, BA575-620, and BA655-755 using a XLUMPLFN 20 \times 1.0 NA water-immersion objective (Olympus). For multiphoton image acquisition a MaiTai DeepSee Ti:sapphire laser was tuned at 920 nm for excitation of GFP, tdTomato, and SeTau 647 and emitted light was collected using an XLPlan N 25 \times 1.05 NA water-immersion objective (Olympus). Individual imaging runs were typically 30–60 min in duration. Each z-stack would typically contain 11 optical sections, with a step size of 3–4 μ m and an interval of 60 s or less.

Three-dimensional cellular tracking of individual cells was performed using Imaris (Bitplane) to calculate instantaneous velocity, mean velocity, track length, and displacement during the course of islet imaging. The arrest coefficient was calculated as a measure of cellular arrest and defined by the proportion of time the instantaneous velocity of a given cell was <2 μ m/min. The number and identity of cell–cell contacts and the duration of these contacts was manually scored and confirmed by inspection of individual z-planes. Motion artifacts resulting from tissue drift or breathing effects was corrected using standard Imaris plugins. Images depicted in this report were processed with either Imaris or ImageJ software.

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